



SKIN TESTING FOR CHILDREN

Modified Quantitative Testing is a type of skin testing that involves injections underneath the first layer of skin. There is a bit of discomfort associated with this type of testing. For children age 13 and under, we strongly recommend using a numbing cream. L.M.X. 4, is a non-prescription cream, available from the pharmacy. **We suggest contacting your pharmacy well in advance**, in case the pharmacy needs to special order the cream.

DIRECTIONS FOR USE

Thirty minutes before the testing appointment:

1. Wash the outside of the right upper arm from the **elbow** to the shoulder with mild soap and water.
2. Apply a small amount of cream to the right **arm** and massage into the area. Next, generously apply the cream to the entire area (like icing).
3. Wrap the upper right arm with plastic wrap.
4. Bring the remaining cream with you so the allergy nurse can apply any additional cream to the site, if necessary.

If you have any questions or concerns, please feel free to call the Allergy Department @ 926-1056 ext 147